

**Supplementary Appendix 2.** Data extraction tool (proposed)

Author	
Year of publication	
Country of origin	
Aims/purpose	
Study population and sample size	
Study type (quantitative, qualitative, etc.)	
Method of data collection	
Intervention (if applicable)	
Use of digital and technological solutions *	
* Further details	
Key findings (that relate to review questions)	
Barriers/facilitators (if reported)	